

Visiting the physiotherapist in Neuromuscular Clinic

This is an easy to read summary, for parents to read with their child before coming to their clinic appointment



When you go to the hospital for Neuromuscular Clinic you will meet a physiotherapist (or physio).



Your appointment may be in the morning or the afternoon.



You will see the physio in either the A5 or A3 clinic area.



Make sure you wear runners and stretchy pants or shorts, such as tracksuit pants or leggings.



Bring your night splints, if you have them.



Bring the contact details of your local physio, if you are happy to share this.



When you visit the physio, they will ask you to lie on the bed. They will look at how your arms and legs move and will measure them.



They will ask you to try some activities to show what your body can do.



They may talk to you about what support you may need at home to help you do the things you would like to do.



They will ask you if you have any questions ask us.



The physios from neuromuscular clinic look forward to seeing you soon. If you have anymore questions before your visit please call our Nurse coordinator. Ph: 03 9345 4633
